## Pornography, the Internet and Criminal Sexual Behavior

### "Staring Makes You Hungrier"

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### "Pornography damages sexual health."

"Fueled by a combination of access, anonymity, and affordability, the Internet has propelled pornography consumption – bringing in new viewers (including children), encouraging more use from existing fans, propelling some over the edge into sexual compulsivity."

# Pornified: How Pornography is Damaging our Lives, our Relationships and our Families. By Pamela Paul, 2005

- One in 4 Internet users reported Internet porn use.
- Average age of first exposure to Internet porn is 11.
- 32% of male and 11% of female respondents reported viewing online porn.
- 80% of 15 to 17 year olds have had multiple exposures.
- Younger adults reported being more likely to have viewed porn online.
  - 37% of 18 to 24 year olds.
  - 22% of 35 to 54 year olds.

### Adolescent/Young Adult Exposure

- Repeated exposure caused college males to exhibit callousness toward women.
- Trivialize sexually violent and rape behavior.
- Experience an increased appetite for deviant, bizarre or violent porn.
- Place a lower value on monogamy and marriage.
- Viewed non- monogamous relationships as "normal."
- In 2004, 11, 000,000 teens regularly viewed porn online.

### Exposing Children to Sex via the Internet

- In 2001, The Crimes Against Children Research Center, found that 25% of youth Internet users had been exposed to "unwanted sexually explicit material."
- One quarter of these victims were between 10 and 13 years of age.
- Few of the children had talked to anyone about viewing the images and some reported being disturbed by them.

### Rumors about the porn industry.

- Crafting sites.
- Common typo's
- It worked for the tobacco industry.
- No "big brother"

#### **Pornified: Continued**

- 400 million pages of porn online.
- Porn sites are visited three times more often than Google, Yahoo!, and MSN Search combined.
- 75% of people have "accidentally" accessed porn at work. 15% have done it "more than 10 times."
- 40% have seen co-workers surfing porn on the job (Business Wire, 2004).
- 60% of HR professionals said they had found porn on employee's computers.
- Work porn use is one of the main reasons for termination in today's job market.

#### **Pornified: Continued**

- The US porn industry generates \$13 billion annually (more than Hollywood) and \$97 billion worldwide.
- In 1986, 1 in 5 videos produced was a porn video.
- 11,000 porn videos vs. 400 feature films (2005)
- A new porn video is created every 38 minutes (2009).
- Porn accounts for 80% of all in room movie rentals in hotels.
- One in 4 adults has seen a porn video in the last 30 days.

# The Porn Trap: The Essential Guide to Overcoming Problems Caused by Pornography by Maltz & Maltz, 2008

- Every second, 28,258 Internet users are viewing porn.
- In 2003, at the American Academy of Matrimonial Lawyers Conference, 2/3 of the lawyer reported that compulsive Internet use played a significant role in divorce rates. More than 50% of the cases involved Internet pornography.
- A 2006 British Nielsen NetRating survey revealed that 40% of couples experiencing relationship trouble blamed Internet porn.

## Pornography's Impact on Sexual Satisfaction. (Zillman & Bryant, 1988)

- Found that both male and female subjects were less satisfied with their sexual partners' appearance, affection, and sexual performance after repeated exposure to pornographic films.
- Subjects also considered sex without commitment to be more important.

### The Porn Trap: Continued.

- 30% of men say regular porn use makes "sex with a partner less arousing."
- Most said they started seeing their partner as "less attractive."
- 30% of women feel like their partner's porn use was "cheating."
- The majority of partners felt "less attractive" and "threatened" by partner's use of porn.
- Internet porn use can also result in decreased time and energy spent on household chores, family activities, and parenting.

#### Other Negative Aspects of Porn Use

- Most porn is used in "secrecy"
- Most porn users deny and lie about using.
- Some "cover up" use.
- Some can't control the "replay" that occurs during normal sex.
- Some people become sexually dysfunctional with real partners.
- Porn teaches people to "take," not give.

#### "Your Brain on Porn"

- Porn use changes our brain.
- Porn stimulates the "hedonic highway" or median forebrain, which is filled with receptors for the neurotransmitter, dopamine.
- Dopamine is released during sexual arousal.
- Porn causes dopamine levels to "spike," which produces a "drug like effect similar to that experienced during crack cocaine use."

### **More Brain Chemistry**

- Porn use also increases the production of adrenaline, endorphins, and serotonin.
- Overtime, the overload of "pleasure chemicals" reduces the body's own ability to produce and effectively regulate them.
- This may explain why some porn users find it necessary to seek out higher levels of sexual stimulation and excitement.

### **More Chemistry**

- In addition, powerful bonding hormones
   (oxytocin and vasopressin) are released during
   orgasm and create a lasting attachment with
   whomever, or whatever" is present.
- Empathy center in brain shuts off when humans are viewing porn.
- "Hunting" vs. Intimacy.

### Pornified: Continued "Hunting versus Intimacy"

"I've noticed that I find myself thinking more sexually about women I see on the street after I've had a prolonged exposure to porn, I'm not sure if it's because I've been in a monogamous relationship for so long that I've started checking out other women, or if it's because I've seen so much porn."

### Pornography as a Motivating Factor in Sexual Crimes

- 30% of rapists report exposure to hard core porn prior to age 12.
- 28% reported exposure to porn prior to age 10.
- Reductions in inhibitions are caused by distorted attitudes that support "rape" myths.
- 40% of rapists reported that porn contradicts society response to their crime.
- Sexual violence is becoming a norm in Internet porn.

# Meta-Analysis of the Published Research on the Effect of Pornography (Paolucci, et al, 2007)

- Meta-analysis redirected the debate to an "empirical platform."
- Results suggest the exposure produces a variety of "substantial negative outcomes."
- Users suffer increased risk for:
  - Sexual deviancy, sexually criminal, or aggressive attitudes and behavior (31-37%).
  - Increased intimacy disorders (20-39% increase)

### Conditioning

- Sexual preferences can be developed and habituated by exposure to various stimuli.
- Repeated exposure can effect sexual attitudes.
- Sexual arousal to children and/or violence can be learned and reinforced through thoughts, behavior or repeated exposure to pornographic imagery.
- Exposure to violent porn, coupled with masturbation, increases arousal to violence.

### **Childhood Exposure to Porn**

- Sex offenders report earlier exposure to porn than the norm.
- Early exposure can cause children to act out what they've seen and become overly sexual with other children thus "hardwiring" arousal to children.
- Excessive exposure can dampen arousal to milder forms of pornography and sexual behavior.
- The area of the brain that operationalizes empathy shuts off while people are viewing porn.

### Juvenile Sex Offenders

- Treatment providers report earlier exposure to pornography
- More use to groom younger children
- More deviant fantasies
- More bizarre behaviors

#### Offender Use of Porn

- 1/3 of offenders used porn just prior to offending.
- Exposure can desensitize children and make them more pliable to offenders.
- Porn can be used to "coach" children into participating.

### Langevin & Cumoe, 2004

- One quarter of 181 sex offenders with unrelated child victims used pornography.
  - 50% showed pornography to victims
  - 30% took pictures of victims
  - 9 men involved children in distributing porn.

### **Cyber-criminality**

- 400% Increase in child exploitation since 1998 (NCMEC, 2006).
- Between 1996 and 2005, the FBI saw a 2,026% increase in child porn cases. (Innocent Images, 2006).
- Offenders can engage in sexual "chat," cybervoyeurism, cyber-exhibitionism and "traveler" crimes.

## U.S. Federal Prosecutions, Motivans & Kyckelhahn, 2007

- Child pornography cases accounted for 82% of increase in cases from 1994 to 2006.
- "One of the fastest growing crimes in Federal Justice System."
- 95% conviction rate.

## Beyond Tolerance: Child Pornography on the Internet. Jenkins, 2001.

 Most of the offenders apprehended were unsophisticated or naïve.

### **Bourke & Hernandez, 2008**

"Exposure to child pornography, as well as the cultural and technological context in which it is exchanged, has an insidiously toxic effect, it normalizes child/adult sexuality, dehumanizes children, and desensitizes the offender to the harmful consequences of child victimization. These effects are further exacerbated by the offender's immersion in cyber-communities of similarly socially marginalized and sexually deviant individuals."

## "A Historical Perspective" The NAMBLA Bulletin, Vol.4,No.2

"In ancient times, it was customary for men to sleep with boys and girls but the real Pedophiles among them did it with even greater joy than the others."

"Then, an unknown kind of aggression began to arise, the aggression against people who love children and want to express their love for them with bodily tenderness."

"No evidence of lasting danger."

"Harm caused by the reaction of upset parents and police examinations."

"The **child haters** are really unconsciously hiding the secrets of their own inner souls."

#### How to practice child love

Presented by The Mule



1 Child love explained by professionals 1

## The Pedophile's Guide to Love and Pleasure: A Child-lover's Code of Conduct (2<sup>nd</sup> Edition. 2010) by Phillip Greaves.

- "Pedophiles must care for and befriend their young lovers.
   They are concerned for the wellbeing and pleasure of their little friends, always putting the juvenile's pleasure and happiness first."
- "When Pedophiles interact with children, they do so through their own inner child and enter into an equality of personhood with their young friend."
- Some children are innately attracted to pedo/juviphilies.
- Recommend teen magazines for "handsome, fresh faces" and latex finger coits for little penises.

### **Child Pornography**

- Commercial child pornography is a 20 billion dollar industry.
- U.S. Customs estimates that there are 100,000 web sites (world wide) offering child porn.
- Half of the sites are hosted in the U.S.
- More than 20,000 new images are posted every week.
- During the past few years, seizures have turned up a "startling" number of infants and toddlers.

# Contact Sexual Offending by Men With Online Sexual Offenses. (Seto, Hanson & Babchishin, 2010)

- First meta-analysis focused on CP priors
- 24 studies (N = 4,464)
- Found that 12%, or 1 in 8 men arrested for CP had previous "officially know" contact offenses.
- Studies that included self report data indicated that approximately 55% admitted previous crimes

## Self-Reported Contact Sexual Crimes of Federal Inmates Convicted of Child Pornography Offenses. (Hernandez, 2000).

- 54 Inmates convicted of Possession/Distribution.
- The Pre-sentence Investigation Report indicated that 46% of the men had "hands on crimes."
- After treatment 79.6% admitted hands on crimes.
- The offenders who admitted hands-on crimes disclosed an average of 26.7 child victims.
- The total number of additional child victims was 1,371.

# The Bunter Study Redux: A Report of the Incidence of Hands-on Child Victimization by Child Pornography Offenders (Bourke & Hernandez, 2008)

- 155 Federal inmates.
- Possession, Distribution or Receipt of Child Porn
- Intensive sex offender treatment and polygraph
- Minimum of 6 months into 18 month treatment
  - 15 hours per week = 1170 hrs total (outpatient =152)
- In treatment with other "admitting" offenders
- Did not have to provide identity of victims

### The Butner Study Redux: Continued

- 74% (115) of offenders had no "known" history of hands-on sex crimes.
- 26% (40) had past allegations reported and/or prior convictions for hands-on crimes.
- Total number of hands-on victims known at time of sentencing was 75
- Average of 1.88 victims per offender.

### The Butner Study Redux: Continued

- During treatment, 85% (131) of offenders admitted hands-on sex crimes against children.
- 15% (24 men) continued to deny hands-on crimes.
  - Of those, nearly 2/3 refused polygraph
  - All but 2 who submitted produced deceptive responses.

### The Butner Study Redux: Continued

- The men who had known hands-on offenses at intake, reported an average of 19.4 child victims.
- The offenders with out previously known histories of hands on offenses, disclosed an average of 8.7 hands-on child victims.

- At end of TX, 67% of admitting offenders (131) reported pre and post pubescent child victims.
- 40% reported victims of both genders.
- Total number of reported victims was 1,777 (13.56 per offender, or 2,369% increase)

### **Bourke & Hernandez, 2008**

"Prior to arrest, many of our subjects led seemingly normal and law-abiding lives. For some, the illusion of anonymity provided by the Internet was fertile ground for the awakening of dormant sexual fantasies. For others, the exchange of child abuse images and stories about child-adult sex, were adjunctive behaviors in the life of a criminal paraphile."

# Child Pornography Offenses Are a Valid Diagnostic Indicator of Pedophilia. (Seto, Cantor & Blanchard. 2006).

- As a group, the child pornography offenders showed greater sexual arousal to children than to adults, and differed from groups of sex offenders against children, sex offenders against adults, and general sexology clients.
- The results suggested that child pornography offending is a stronger diagnostic indicator of Pedophila than is sexually offending against children.

## Characteristics of Child Porn Offenders (Blanchard, 2007)

- Male
- Caucasian (89%).
- Less likely than other offenders groups to have prior conviction.
- Likely to deny pedophilic interest in CP
- More intelligent that contact child molesters (Blanchard, 2007).
- Higher education than contact sex offenders.
  - 58% had college degree

# Undetected and detected child sexual abuse and child pornography offenders (Neutz, et al. 2012)

- 345 self-referred "help seeking" men with Pedophilia.
- 57% never detected by system
- 62% of CP offenders never detected
- Undetected offenders scored higher on sexual preoccupation, more education, more likely to be employed, less likely to have been abused and were younger, less emotional regulation based offending.
- Authors suspected detected group had motivation to over report childhood sex abuse.

# The Role of Pornography in the Etiology of Sexual Aggression. (Seto, et al. 2001)

"Individuals who are already predisposed to sexually offend are the most likely to show an effect of pornography exposure and are the most likely to show the strongest effects. Men who are not predisposed are unlikely to show an effect; and if there is an effect, it is likely to be transient."

# The Role of Pornography in the Etiology of Sexual Aggression. (Seto, et al. 2001)

- Factors associated with predisposition:
  - Hyper-sexuality
  - Hostile masculinity
  - Authoritarianism
  - Attitudes about sex roles
  - Acceptant of interpersonal violence
  - Arousal to aggression

# The Important of Individual Differences in Porn Use (Kingston et al, 2009)

- "Results suggest that men who possess a maladaptive implicit theory regarding women were more likely to misinterpret incoming sensory information and misread heterosexual cues."
- "Pornography consumption, through a variety of mechanisms may facilitate the likelihood of future sexual aggression, particularly among individuals with a propensity for offending

# Pornography Use and Sexual Aggression: The Impact on Frequency and Type of Porn on Recidivism Among Sex Offenders (Kingston et al., 2008)

- 341 child molesters/15 yr follow-up.
- Men with high risk characteristics in general reoffended at significantly higher rates with porn use.
- Risk increased with frequency of use and type of porn.
- Odds ratios of 177% /185%/233%

#### References

#### Video

A Drug Called Porn:
 Understanding the
 Harmful Effects of
 Pornography

1-800-570-5224

#### Books:

- The Porn Trap by Wendy and Larry Maltz
- Pornified, by Pamela Paul
- Beyond Tolerance:
   Child Pornography on the Internet.
   By Phil Jenkins.